Abortion negatively affects our live in so many ways. Post abortive men and women are painfully aware of the symptoms on the surface but the roots of abortion go deeper than we realize. This list is a comprehensive grouping of common symptoms and behaviors after abortion but is incomplete as men and women experience all kinds of spiritual, mental and physical disorders due to the weight of abortion.

As you look over this list you may be surprised to see just how much abortion has affected you or your loved one.

* Abusive Behaviors
* Acceptance of Abuse
* Anniversary Reactions
* Anxiety
* Avoidance of babies/children
* Bonding Problems
* Brief Reactive Psychosis
* Decreased Self Worth
* Denial of Pain
* Depression/Hopelessness
* Desire to Replace Baby
* Difficulty Concentrating
* Difficulty maintaining Relationships
* Disturbing Dreams
* Eating Disorders
* Emotional Numbing
* Extreme Political Views
* Fear of Commitment
* Fear of Punishment
* Flashbacks of Abortion
* Grief and Sadness
* Guilt and Shame
* Intense Anger/Rage
* Memory Repression
* Overachieving Behaviors
* Overprotective Parenting
* Regret/Remorse
* Risk Taking Behavior
* Substance Abuse
* Sexual Disfunction
* Sleep Disorders
* Spiritual Divorce from God
* Suicidal Thoughts
* Uncontrollable Bouts of Crying
* Unforgiveness of Others
* Unforgiveness of Self
* Violent Outbursts
* Workaholism
* Worries about Fertility

If you or someone you love has experienced any of these symptoms, know that you are not alone. One in four women under the age of 40 have had an abortion, half of those women have subsequent abortions. 94% of men and women come to regret their decision to abort. Roughly 60% suffer from 3 or more of these symptoms daily. Often times without even knowing the abortion in their past was the cause. There is hope and healing. [www.rachelsvineyard.org](http://www.rachelsvineyard.org) (248) 494-6363